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| |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | http://zohopublic.com/zohocampaigns/zc-noimage-bnr.png | |  | | | | |  |  |  | | --- | --- | --- | | |  | | --- | | Pupils reading together | |  | | | | |  | | --- | | This Sunday, 10 October, is World Mental Health Day – an opportunity to raise awareness of the importance of emotional health and mental wellbeing.  Meeting children and young people’s social and emotional needs at the right time in their development can significantly contribute towards good mental health in adulthood, enabling them to manage their emotions, form and maintain good relationships, access learning, and cope with life’s ups and downs.  Thrive wellbeing kits are free resources that have been designed to help children and young people look after their wellbeing. The resources include activities recommended in Thrive practice to support children and young people’s emotional health – keep reading to download your copies.  Also in this update, we celebrate the Thrive school voted Pastoral Team of the Year at the 2021 NAPCE awards, and explore the benefits of a Thrive subscription package – the best way to embed a whole-school approach to emotional health. | | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://campaign-image.eu/zohocampaigns/22799000011117001_1599047400347_banner.jpg | |  | | | | |  | | --- | | **Wellbeing kits for children and young people** | | | |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | These wellbeing kits are full of activities recommended in Thrive practice to support the social and emotional development of children and young people, including mindfulness, creative expression and connecting with nature.  The kits are tailored for pupils up to 7, 11 and 16 years old with age-appropriate activities that can be completed on their own or with an adult. | | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://campaign-image.eu/zohocampaigns/22799000011646494_1632319817135_grove_road_photo_1024x768.jpg | |  | | | | | | | |  |  | | --- | --- | | |  | | --- | | **[Download your wellbeing kits](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba88c&repDgs=150ff91d94bf96b" \t "_blank)**  **Download your wellbeing kits** | | | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://campaign-image.eu/zohocampaigns/22799000011117001_1599047400232_banner.jpg | |  | | | | |  | | --- | | **Thrive school wins Pastoral Team of the Year at the 2021 NAPCE Awards** | | | |  | | --- | | Thrive would like to congratulate All Saints C of E Primary School, in Wigston, Leicestershire, which has been named as Pastoral Team of the Year at this year’s [National Awards for Pastoral Care in Education.](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba88e&repDgs=150ff91d94bf96b)  The category is dedicated to teams that are determined to make a positive impact on the young people they work with and support them to achieve their full potential.  All Saints introduced Thrive in 2019 and has made wellbeing a priority across their whole setting, resulting in a drop in fixed term exclusions and improved attendance and attainment rates. | | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://campaign-image.eu/zohocampaigns/22799000011117001_1599047400620_banner.jpg | |  | | | | |  | | --- | | **The benefits of a Thrive subscription** | | | |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | With the widespread disruption of the Covid-19 pandemic, supporting children and young people’s mental wellbeing is now more important than ever. A Thrive subscription combines everything you need to start making a difference straight away.  The subscription package has many benefits for schools and their staff, including a reduction in student absences and exclusions, calmer classrooms and improved attendance, plus access to Thrive-Online's targeted strategies, activities and reports. | | | |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://campaign-image.eu/zohocampaigns/22799000011646494_1632319817014_three_adults_looking_at_a_tablet_lr.jpg | |  | | | | | | | |  | | --- | | Click below to discover the tools and training you could access and arrange a call-back with a member of the Thrive team. | | | |  |  | | --- | --- | | |  | | --- | | [**Discover the Thrive subscription**](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba892&repDgs=150ff91d94bf96b)  **Discover the Thrive subscription** | | | | |  |  |  | | --- | --- | --- | | |  | | --- | | https://campaign-image.eu/zohocampaigns/22799000011117001_1599047400620_banner.jpg | |  | | | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Facebook](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba894&repDgs=150ff91d94bf96b) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Twitter](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba896&repDgs=150ff91d94bf96b) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [LinkedIn](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba898&repDgs=150ff91d94bf96b) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Pinterest](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba89a&repDgs=150ff91d94bf96b) | | | | |  |  |  | | --- | --- | --- | | |  |  | | --- | --- | | |  | | --- | | [Instagram](https://siqk.maillist-manage.eu/click.zc?m=1&mrd=150ff91d94bba3f&od=3zf5094b3748266fbafe38133b5413d2ed&linkDgs=150ff91d94ba89c&repDgs=150ff91d94bf96b) | | | | | | | | |